THE

CHARITABLE PHYSITIAN

HIS

Hand Extended to the Curing of that Contagious Diſeaſe called the

FLUX,

OR

Griping of the Guts.

With other the moſt violent Diſtempers Now reigning amongſt us.

As alſo their Symptomes, whereby they are known.

All freely given to the Poor in diſtreſs.

By *J. Deacon.*

Orandum eſt ut ſit mens ſana in corpore ſano.

LONDON,

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MVSEVM
BRITAN
NICVM

The charitable Physician his Hand extended to the Curing of that Contagious Disease called

The FLUX, OR *Griping of the Guts.*

Dear Countrey-men,

IT was the saying of an Heroick Spirit, that *Non solùm nobis nati sumus*: If I am born to do good for my Native Countrey, I shall be very happy therein. It was likewise the saying of one of the wisest

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wiſe men of *Greece*, *Largire cum utilitate.* My heavenly Father, my high and mighty Lord hath beſtowed a Talent upon me, which I deſire not to tye up in a Napkin, but to imploy it to the honour of the Giver, and to beſtow it to the profit of the Receiver. For my Lord hath commanded me to caſt my bread upon the waters, and I ſhall find it after many dayes: He commands me to do good to all, but principally to thoſe that are in diſtreſs: To ſuch (I ſay) as groan under the burthen of Gods heavy hand, and conſequently thoſe that labour under the violence of this furious and almoſt contagious Diſeaſe now reigning amongſt us, which is called by the common people The *FLUX*, with the *Gripings in the Bowels.* By which I underſtand many periſh for want of means to purchaſe fit Medicines for that Diſeaſe from the learned Phyſicians; unto ſuch alone I doe preſent this Talent,

Talent, this Mite, this Drop of the Water of my Affections, which by Gods bleſſing may be a means to extinguiſh, at leaſtwiſe to abate the flames of theſe poore peoples calamities: Which in the name of God take thus, (if thou art afflicted with this terrible Diſeaſe.)

Foure or five Handfuls of *Groundſel*, or as much thereof as by bruiſing you may get almoſt to the quantity of Half a Pinte of Juice; unto which put the quantity of a Walnut of *Freſh Butter*, which warm over the fire, and ſo drink it off: And every half houre afterwards, for the ſpace of foure houres, drink one draught of *Poſſet-Ale*: After foure houres expired, eat one *Yolk* or two of *Eggs potched*: Six or ſeven houres after take this Drink following, which you muſt make thus:

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A Drink.

Take one Handful of *Plantane leaves*, one Handful of *Mint*, and one Handful of *Marygold flowers*, and as much *Harts-horn* as will lye upon a Shilling at twice, with half an Ounce of *Cinamon* grosly beaten, boiled in a Pottle of *Fair Water* until it be half consumed, then strain it, and after it is strained, boyl it a walm or two with three Ounces of *Hard Sugar*: Of which Drink give the Patient every two houres foure Spoonfuls: But within ten or eleven houres after the taking of the *Groundsel*-Drink, which I gues to be the houre of Rest, then let the Patient take ten or twelve Spoonfuls of the Drink thus boyled and strained, and let him take it for his ordinary drink for foure and twenty houres after.

Obserue

(Obſerve to give unto Children one third part preſcribed to men or Women of the *Groundſel*-Drink, and half of the *Plantane*-Drink; and to increaſe the ſame as the Childe is in age and ſtrength.)

This Medicine being thus taken, and theſe Rules obſerved at the beginning of the Diſeaſe, with Gods help it giveth a ſpeedy Cure: But if the Diſeaſe have continued long upon thee, then expect not ſo ſudden a Cure, and therefore uſe the ſame Medicine every other day, *viz.* the *Groundſel*-Drink, and the *Plantane*-Drink, every day ordinarily, the oftner the better. The beſt and fitteſt time to give the *Groundſel*-Drink is at 6 a clock in the Morning. But if thou art ſuddenly taken ſick at any time of the day with this Diſeaſe, then take the *Groundſel*-Drinke preſently, without delay, (for delayes in this caſe are very pangerous) after thou haſt been an houre

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houre in Bed: And if thy conſtitution be ſo hard to work upon, and thy body withall ſtrong, ſo that the Medicine beginneth not to work effectually in an hour and a halfs time, then you may take ſuch another draught of *Groundſel*. But if through ſtubbornneſs of thy Diſeaſe, and thy former long neglect, thy body doth ſtill languiſh, then repair to my habitation, or ſend me a diſcreet Meſſenger (for Urines in this caſe are not to be truſted to) though many unworthy Profeſſors of the honourable Science of Phyſick doe raſhly adventure to give Phyſick upon the bare inſpection of the Urine, to the utter deſtruction of the ſick Patient, although their idle prattle ſatisfies, but yet deceives ignorant people: A diſcreet Meſſenger I ſay that may be able to reſolve me ſome queſtions concerning the ſtate of your body: By which Meſſenger I ſhall ſend you a Pill and a Powder, which you ſhall have *gratis*, provid-

provided the Meſſenger bring me a Certificate under the hand of the Miniſter that you are poor, that ſo the Poor may not be deceived: Which Pill and Powder are of excellent virtue for opening the Obſtructions of the Bowels, and evacuates that ſharp humor and wind which cauſeth this violent diſtemper; and by the taking thereof not onely this, but many Diſeaſes have been Cured, and as many Prevented, to the preſervation of thouſands in this and other Nations.

It is excellent for the cure of the *Dropſie*, for by its evacuative quality it unburdeneth the languiſhing body from thoſe *Hydropick* humours which invade the life of the Patient.

The *Gout*, though a Diſeaſe reputed incurable, yet this hath cured the ſame at twice taking, ſome Topical Medicine being applyed to the part, intentionally to diſcuſſe the humour collected, and farther taking the ſame Medicine once in

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in half a year intercepteth the furious reintration of the Diſeaſe, which commonly purſueth thoſe that have had the Diſeaſe every Spring and Fall.

It hath likewiſe mightily prevailed in the Curing of thoſe which have had the *Stone*, which it diſſolveth by its penetrative faculty, and afterwards by its expulſive faculty it forces the *Stone* away.

It Cureth the *Quotidian*, *Tertian*, and *Quartan* Ague, though indeed the *Quartan* requireth longer time, but the reſt it moſt commonly cureth at the firſt taking.

It hath cured many of the Diſeaſe, *Struma*, commonly called the *Kingsevil*, if the Diſeaſe be not too inveterate, and the Maſs of Blood wholly corrupted and conſequently it cureth many *Ulcers*, *Apoſtheums*, *Morphews*, *Itch*, and ſuch like deformities of the Skin; for by the operative virtue of this Medicine, thoſe ſharp humours which pro-

duce

duce theſe unſeemly and unwiſh'd for diſaſters, are carried away, and that at the firſt or ſecond taking, but generally the third Doſe performs the work without queſtion, if the conſtitution be any thing helpful to Nature.

But principally it is highly commended for thoſe who have taken *Surfets* by Eating or Drinking: For by its virtue it exonerates the Stomach from thoſe nauſeous humours lately received from that redundancy; which humours by continuance a very few hours in the body, kindle the flames of violent Fevers, even to the ſubverſion of Nature, and loſs of Life, which too too many ſee and find by daily and woful experience; all which calamities may be ſeaſonably prevented by taking of this wholſome Medicine.

It is very profitable for thoſe that want an Appetite and Digeſtion, which in-

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indeed is the forerunner of many Diſeaſes, for a Failing Appetite and a Weak Digeſtion ſpeaks the whole body diſtempered, and gives certain notice of the purſuit of ſome furious diſeaſe. Many careleſly neglecting theſe Diagnoſticks, precipitate themſelves to their deſtruction.

Indeed it is a proper Medicine to be taken at the beginning of any manner of Diſeaſe, for by its operative virtue it doth Diopilate the Stomach, Liver, Spleen and Meſentery, and preſently cleanſeth them from thoſe Impurities, which being lodged in thoſe official parts, their Natural operation is preſently hindred, and the ſad effects of inſuing Diſeaſes produced.

This Medicine being a perfect Catholick, worketh impartially on each redundant humor; and incountring with that enemie the Diſeaſe, in the beginning before he hath intrencht himſelf,

himſelf, gives him a repulſe, and forces him to flight; indeed it is like little *David* to great *Goliah*.

It were fit to be preſerved for uſe in all families that are careful of their health, but eſpecially for ſuch as are remote from Phyſicians: it may be taken at any time if the patient find himſelf ſuddenly ſurprized with the Symptomes of inſuing Diſeaſes.

The precedent ſymptomes are commonly theſe following. An unuſual pain in the Head, unaccuſtomed paſſions and trembling of the Heart, oppreſſion and loathſomeneſs of the Stomach, with a rare propenſity to vomit: alſo a griping in the Bowels, pain in the Loynes or back, with ſhivering Chillneſs or ſhaking, with a ſudden violent heat, with ſlothfulneſs, drowſineſs and reſtleſneſs to the whole body.

I ſay when theſe or any of theſe Symptomes appear, then know aſſuredly.

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ly there is a ſtorm coming, then without delay take this Medicine.

It may likewiſe be given to Children, if you find any of theſe Symptomes appearing on them: But to ſuch give not the powder in ſubſtance, but that which is called the infuſion of it, which you muſt make thus. Take the whole powder, and let it lie in ſeven ſpoonfuls of white wine all night, then ſtrain the white wine from the powder through a three double cloth, of the wch wine give the Child one ſpoonful in the morning faſting, (if the child be not above four years old) but if a luſty Child, and near eight or ten years of age, you may then give the quantity of three ſpoonfuls, rather leſs then more, for if it ſhould not work in an hour and a halfs time you may give another ſpoonful, when you find it begins to work, give now and then a draught of poſſet-drink; Let not the Child ſtir abroad all that day, nor

nor ſleep in four hours after taking the white wine; To a Child of fourteen or ſixteen years of age, you may give four ſpoonfuls, alwayes remembring to give rather a ſpoonful too little, then one drop too much, in regard you may increaſe the quantity when you pleaſe; it were fit that one of theſe powders were alwayes kept in a viol full of white wine, cloſe ſtopt, for it will keep a whole year being ſet now and then by the fire, or in the Sun, and then it is ready to be taken upon all occaſions; for twelve hours neglect may danger the loſs of the Child; if the Child be taken ſick one day and neglect the Medicine, till the next morning whilſt the infuſion is preparing: withall remembring that Children take not the Pill.

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The General Uſe of this Medicine to Men & Women is as followeth.

Take the Pill alwayes over night two hours after the eating of a light ſupper, ſo go to reſt; next morning take the powder faſting in a ſtewed pruon, pap of an Apple, a piece of ſweet butter, or of honey the quantity of a haſle nut; one hour after drink a draught of poſſet Ale, and when it begins to work with you, drink now and then a draught of the ſaid Ale; Sleep not in four hours after taking thereof, neither ſtir out of your Chamber all that day: about Noon eat ſome warm meat, making but a light Meal; And if it be needful you may take another pill and powder three dayes after, in the ſame manner as aforeſaid. And if the patients body be Coſtive, then 4 hours before you give the firſt pill give him or her a gliſter made

made onely with half a pint of pure Sallet oyle, and half a pint of new milk. So likewiſe the next day ſix or ſeven hours after the taking the powder give the ſame gliſter, if the inflexibilitie of the humors have prevented the Medicine working downwards anſwerable to your expectation; But this is notuſual, yet the firſt gliſter is Common.

But if you ſhall find any of the precedent Symptomes formerly ſpoken of appear; then ſtay not till night or next morning, but immediately go to Bed, and as ſoon as you are warm, there take the pill, and within an hour after take the powder, in order and manner as afore directed; And withall remember the uſe of the gliſters, if your body be very Coſtive: And if your body continue ſtill in a diſtemper, then the next day in the Evening take another pill, and the next morning after another powder as afore preſcribed, not forgetting the Gliſters aforeſaid. Be

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Be it likewiſe remembred, that whereas, each body hath its ſeveral conſtitution, habit, ſtrength or weakneſs; And therefore you muſt take notice, that although the pill is to be given to men or women generally, yet the whole quantity of Powder is not to be given to every patient: but rather half the powder at a time to a tender body, or elſe the greateſt part of the infuſion of the whole powder, according to former direction for Children; and if the Medicine, whether the Powder or the infuſion, work not in an hour, or two hours time; then you may take the reſt of the powder or infuſion, alwayes obſerving to take ſomewhat leſs then a grain exceeding the direction.

But withall if you expect a bleſſing upon theſe my weak but willing endeavours, be mindfull of that wholeſome direction delivered by a holy one, which ſpeaks thus; *My Son: in thy ſickneſs be not negli-*

negligent, but pray unto the Lord, and he will make thee whole, ſet thy whole endeavours on work to relinquiſh ſin, and to order thy hands aright, and then give place to the Phyſician, for the Lord hath created him; I ſay expect not a bleſſing untill you fit your ſelf for that bleſſing by repentance,

He that ſinneth before his Maker, let him fall into the hands of the Phyſician *(ſaith a holy One)* and know thou whoſoever thou art, that its thy ſin hath begot this puniſhment, which makes thee ſtand in need of the Phyſician; and aſſure thy ſelf, if this puniſhment, this ſickneſs, be removed from thee before an appearance of hearty ſorrow be manifeſted in thee for thy ſin, which occaſioneth the ſame, this puniſhment, this ſickneſs, is removed but to try thee, or to give way to a far greater affliction which will undoubtedly fall upon thee and that ſuddenly; therefore if you deſire not onely preſent but future comfort,

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Begin now an amendment of life: thou that haſt by continual tranſgreſſions endeavoured to Crucifie again the Son of Life, repent that your Sins may be put away (which are the cauſe of all your preſent ſufferings) when the time of refreſhings ſhall come from the preſence of the Lord, *Act.* 3. Unto ſuch as are poor in ſpirit, whoſe inheritance is the everlaſting Kingdom, *Mat.* 5. To ſuch I ſay as thus mourn, it is my deſire to Comfort them, for they ſhall, they muſt be comforted, it is due to them by promiſe; Unto whom I ſay as *Peter* ſaid unto the poor lame man at the Temple gate who beg'd his Alms, Gold and Silver have I none, but onely ſuch as I have I freely give thee: In the name of the Lord Jeſus Chriſt of Nazareth, riſe up and walk.

Ask and it ſhall be given you.

Happy is the man that can ſay with Solon,

Patria, tibi & dictis & factis notitulatus ſum.

Books

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Books Printed for *Isaac Pridmore* and *Henry Marsh*, and are to be sold at the Golden Faulcon near the *New-Exchange*.

1 THE Rogue, or the life of *Guzman de Alpherache* the witty Spaniard, written in Spanish by *Mathew Aleman*, Servant to his Catholick Majesty; the fifth and last Edition Corrected.

2 A Physical discoutse exhibiting the cure of Diseases by signatures, whereunto is annexed a Philosophical discourse, vindicating the souls Prerogative in discerning the truths of Christian Religion with the eye of reason, by *R. Bunworth*.

Self-Examination or Self-Preparation for the worthy receiving of the Lords Supper; delivered in a Sermon concerning the Sacrament, by *Daniel Cawdrey*, sometimes Preacher

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FINIS.